

Hello and Welcome to your December PRE-OP BIRDS e-bulletin

RECRUITMENT

We have recruited **8** participants this month, which means the new total is **42**



Dear All,

I would like to say how grateful we are for your continuing efforts in recruitment to Preop BIRDS. Up to October recruitment was steady at around 10 participants a month, as expected, which was great news. Given the initial delay to the project start (due to research regulations), we are grateful for everybody's enthusiasm to not only get the study underway but to continue developing it and to help patients at what can be a stressful time.

We all understand as we move into the Christmas period, that given the very nature of the trial and winter pressures, recruitment may dip. This trend is understandable but obviously disappointing. May we therefore urge all of you to take time to try and continue to instil the message about alcohol and surgery and how important this is to patient recovery, even over the festive period. Remember those patients who are screened and recruited now will be likely to have their surgery after the festive period. So the benefit of a change now may be even more important.

Once again, thanks for all your support. We really want to make sure this study is completed and realises its potential here in the North East which will then stand us in good stead to lead the country in a larger study throughout the U.K.

Please let me, or any of the team, know if there are any issues that you feel would help the study along. I am available to chat and would be only too happy to take all your views on board.

❄ Best Wishes for Christmas and the New year ❄
Chris Snowden

REMINDERS

- Could you please ensure your consent forms and eligibility checklists are faxed to the number below, as soon as possible after these forms have been completed:
0191 580 4787
- Please also keep your screening logs up to date and send to the team on / about 20th of each month.
- We would be grateful if MACRO could be updated in a timely fashion, as soon as possible after patient visits.

CTU Christmas and New Year Opening Times

**Please be aware that the Trials Unit will be closed from
Monday 25th December until Tuesday 2nd January 2018, inclusive,
reopening on Wednesday 3rd January 2018**

During this period SAEs will continue to be monitored by the trial team.



THANK YOU
for all your help

Best Wishes from your Pre-Op Birds Study team

Please don't hesitate to contact us if you have any queries

TRIAL MANAGEMENT CONTACT DETAILS:

Nicola Goudie	Trial Manager	Nicola.goudie@ncl.ac.uk
Stephanie Curren	Trial Administrator	Stephanie.curren@ncl.ac.uk
Ellen Lynch	Research Associate	Ellen.lynch@ncl.ac.uk